



DR. KATE TRUITT & ASSOCIATES
-A PSYCHOLOGICAL CORPORATION-

SCAN ME

EATON CANYON FIRE FREE SUPPORT GROUP

THURSDAYS 12-1PM VIA ZOOM STARTING ON MARCH 6



In the wake of the Eaton Canyon Fire, emotions can feel like an unpredictable storm. If you're experiencing grief, frustration, anxiety, or just feeling lost, you're not alone. This **FREE 6-week Support Group** offers a space for healing, connection, and tools to help you move forward.

Guided by two licensed Clinical Psychologists, this group offers:

- A welcoming space to share and receive support-
- Practical tools for managing stress and anxiety-
- Accessible skills to rebuild strength and resilience-

CONTACT US TODAY TO SIGN UP!



626-524-5525



info@drtruitt.com



drtruitt.com

Justine Duyst, Psy.D.

Justine specializes in the treatment of grief and trauma and brings warmth, curiosity, and deep respect for the human capacity for resilience. She draws on her specialized training and experience to create a supportive space, guiding this group toward healing, growth, and renewed strength.



Kristin Russell, Ph.D.

With specialized experience supporting survivors of fire-related natural disasters, Kristin understands the profound impact of loss and upheaval. Drawing on more than 30 years in the field, she creates a compassionate space for healing, resilience, and renewed hope.

