



COVID-19 Self-Screening Assessment

Please complete the self-screening assessment prior to attending a GSGLA in-person activity, meeting, event, or property. You are not required to submit this document, only to conduct the self-assessment. Prior to leaving home, review the questions below.

- Do you have a **fever** or above-normal temperature? (fever is greater than 100.4 degrees Fahrenheit)

- In the last 14-days, have you observed any of the following **symptoms** of COVID-19? (fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell, feeling feverish as well as acute gastrointestinal problems, such as nausea, diarrhea, and vomiting)

- Have you had any **known exposure** to COVID-19 or been in close contact with anyone that has symptoms or tested positive within the last 14 days? ("Close physical contact" is defined as being within 6 feet of an infected/symptomatic person for a cumulative total of 15 minutes or more over a 24-hour period starting from 48 hours before illness onset; or, for asymptomatic individuals, 48 hours prior to test specimen collection).

- Have you traveled outside of California within the last 10 days on public transportation?

If the answer to any of the above questions is YES, please stay home and contact the activity, meeting, or event organizer as there may be a virtual option.

Please contact covid19@girlscoutsla.org if you should have any questions.

Thank you for taking this self-screening assessment.

GSGLA Risk Management