



Over one million people in Los Angeles County are at risk of going hungry, including many working families-perhaps even your neighbors. You can help!

**Step 1:** While shopping, add one or two items of non-perishable foods or products to your grocery basket

Needed items include:

- Canned protein such as tuna, sardines, stew, soups
- Peanut butter & jelly
- Canned fruits & vegetables
- Fruit juices
- Beans, rice, pasta
- Personal care items-lotion, deodorant, toothpaste

**Step 2:** After purchasing, drop the items at the [Girl Scouts Feed Your Neighbor Food Drive](#) booth on your way out.

**Step 3:** Return this card and receive many thanks!



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