



# Feed your Neighbor

Food Pantry, LAX is an emergency food resource for low income clients in Inglewood, Westchester, El Segundo, Hawthorne and portions of Los Angeles. Our goal is to provide food for 2 days or six meals to our clients each week.

## The items we need the most are the following:

- Sources of protein – canned tuna, canned meats, peanut butter, Vienna sausages (for our homeless)
- Fruit – canned fruits of various kinds
- Vegetables – canned vegetables that are commonly consumed in Southern CA
- Meal components – Pasta sauce, canned raviolis, canned spaghetti, canned beans, Bisquick, packaged rice, packaged pasta/spaghetti, dry cereal, Rice A Roni, Macaroni and Cheese, and so forth
- Soups – canned soups and also dried soups such as Cup of Noodles for our homeless clients
- Dessert items – cake mixes, frosting cans, pie fillings, puddings, Jello

## Things we prefer to avoid:

- Glass containers
- Baby food
- Exotic foods that are not part of a standard diet in this area
- Food that requires special handling or refrigeration/frozen storage

## Where to make your donations

We are located at 355 E. Beach Avenue, Inglewood, CA. Our phone for food drives is 310-720-0139. Our website is [www.foodpantrylax.org](http://www.foodpantrylax.org). Email can be addressed to [foodpantrylax@gmail.com](mailto:foodpantrylax@gmail.com).

We receive donations on Tuesday and Friday mornings between 9am and noon or by other arrangement.

