

Before Care: 7:00 a.m. – 9:00 a.m. Camp Hours: 9:00 a.m. – 4:00 p.m. After Care: 4:00 p.m. – 6:00 p.m.

## Welcome to El Ranchito Day Camp!

We are delighted that your Girl Scout has chosen to join us for a week of exciting challenges, exploration and, of course, lots of fun. The following information will help lead to a smooth first day and a week of wonderful memories.

## **Checking Campers In and Out of Day Camp**

Address: El Ranchito is located at 4040 N. Bellflower Blvd., Long Beach, CA 90815

**Parking:** Please park on the street (Bellflower) or at Heartwell Park, which is located around the corner of the council office and walk your camper over to El Ranchito. The Service Center parking lot is small and cannot handle a large volume of traffic and cars.

**Extended AM Care:** Extended AM Care is available each day from 7:00 a.m. to 9:00 a.m. for an additional fee of \$25 per week. During this time, girls will participate in continued camp activities including: crafts, games, and time with friends.

<u>Arrival & Check-In</u>: Please plan on arriving to camp between 8:45 a.m.–9:00 a.m. Campers must be accompanied by an adult and signed in each morning. Check-in will begin at 8:45 a.m. *Any time prior to 8:45 a.m. will be considered Extended AM Care*. Arrive on time to guarantee that you won't miss out on any of the fun!

**Forms:** To collect health history and medical care information this year, Marine Landing will be partnering with CampDoc.com, a secure, encrypted, and password protected electronic health record system for camps. Within one week of your registration, you will receive a "welcome email" from CampDoc.com with information about how to complete your camper's health history. You will be directed to set up your account and begin entering your camper's health history, which will be maintained year-to-year to make future GSGLA Camp health form submittals easier and faster. **You must complete your CampDoc.com health history by the Thursday before your camper's session**.

**<u>Counselors-in-Training</u>:** If you plan on driving yourself to camp, please contact me prior to your week at camp. We MUST have signed documentation stating you have permission to sign yourself in and out each day. Without this, we will not be able to release you until someone signs you out at the end of the day.



**Sunscreen:** This is a must. We have designated times throughout the day for sunscreen application. Please teach your child how to apply sunblock, PA/CIT's will be able to assist throughout the day.

**Lunch:** Campers are responsible for bringing their own non-perishable lunch. We will be providing two light snacks throughout the day. During lunch, girls will sit in the grassy area, please bring something to sit upon (small chair, beach towel). Girls must be able to use, lift and carry her sit upon without assistance.

**Water:** Bring a reusable water bottle to stay hydrated throughout the day.

**Dietary Restrictions:** Please let us know if your camper has any special dietary restrictions and/or allergies. We cannot accommodate all dietary variations, but we will try!

<u>What to Wear:</u> Play Clothes! Girls will get dirty. Shirts must have sleeves (No tank tops, spaghetti straps, etc.) and cover the midriff, please no skirts or dresses. <u>All Shoes must be closed-toed with visible socks</u>. <u>Tennis shoes are preferred</u>. Hat, sunglasses, and shirt with long sleeves are suggested for sun protection.

**Medication:** All prescription and non-prescription medications MUST be submitted to the camp director as follows:

- 1. In the original container with girl's name, dosage, and frequency clearly printed on label
- 2. In a clear plastic bag with a signed note authorizing permission to administer medication
- 3. Camper will need to go to the First Aider to receive medication. We do not give out any medication, including over-the-counter medication, without written consent from the parents or legal guardian.

**Photo Release:** We will be taking a group photo on Wednesday morning, as well as documenting our adventures throughout the week. Please double-check your camper's photo release status on ebiz or campdocs. If you have not released your camper's image, we will not photograph her.

**Check-out Procedure:** Parents, guardians, or other authorized adults should arrive promptly at 4:00 p.m. to sign their camper out. *All adults must show photo ID.* We take your campers safety very seriously. We will not release your child without checking IDs and matching them to the list of authorized adults to pick up. Please make sure your sign-in/sign-out sheet reflects all carpools, emergency contacts, parents, family members etc. who may be picking up. Campers not picked up by 4:15 p.m. will be enrolled in Extended PM Care for a charge of \$25.



**Extended PM Care:** Extended PM Care is available each day from 4:00 p.m. to 6:00 p.m. for an additional fee of \$25 per week. During this time, girls will participate in continued camp activities including: crafts, games, and time with friends.

Campers not picked up by 6:00 p.m. will be charges an additional \$10 for every 10 minutes thereafter.

**Early Pick-up:** Need to pick-up before 4:00 p.m.? Please inform the office in the morning if you need to pick your camper up early. Please note, camp does not end until 4:00 p.m., so without prior notice we cannot guarantee that she will be ready for an early departure.

<u>Health and Safety</u>: In order to provide everyone with a happy and healthy week, please check your child for lice prior to drop-off on Monday. We will be doing lice checks Monday morning after drop off.

**<u>Camper Behavior:</u>** We are committed to providing a physically and emotionally safe environment at camp. Campers are expected to:

- Follow the safety rules of camp
- Respect other campers, staff and herself
- Respect camp property and other campers' property
- Follow the Girl Scout Promise and Law
- Disruptive, destructive and dangerous behavior by campers is not allowed. Such behavior will result in the camper being removed from current activity. If the behavior continues, the camper will be dismissed from camp. Refunds are not issued when a camper is dismissed for unacceptable behavior.

Campers will be dismissed immediately for:

- Endangering the health or safety of others
- · Teasing, bullying or abusing other campers or staff
- Violence of any kind

**In Case of Emergency:** Camp Staff are CPR/First Aid trained. In case of emergency, staff will act accordingly and contact the parent/guardian and/or emergency contact.

## What Not to Bring to Camp:

<u>Cell phones:</u> Camp is a technology-limited zone. We ask that all cell phones be left at home, but if absolutely necessary, they must be put away for the day and only brought out for emergency purposes. This is in an effort to promote camaraderie and full participation in the camp activities. This includes using cell phones as cameras, so please bring a separate camera if you would like to document all the fun.



Anything of value. Please do not bring toys (including fidget spinners) or anything that might be lost or forgotten. GSGLA is not responsible for lost or damaged items, iPods, phones, etc.

Please label everything!

## **Additional Notes and Reminders:**

We will be conducting anonymous surveys on Friday. Girls will get the opportunity to let us know how the week went but we will not be collecting any personal information.

Thank you for taking the time to read this important information. We look forward to seeing you all at camp!

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