

GSGLA Camp Communicable Disease Plan

The Communicable Disease Plan has been developed in accordance with information from:

- County of Los Angeles Department of Public Health – [Health Officer Order Appendices](#)
- County of Los Angeles Department of Public Health – [Acute Communicable Disease Control Program](#)
- American Camp Association (ACA) – [COVID-19 Resource Center](#)
- Center for Disease Control and Prevention (CDC) – [Suggestions for Youth and Summer Camps](#)

Pre-Camp Prevention Activities (NPIs)

Several non-pharmacological interventions (NPIs) will be used to prevent bringing communicable diseases onto summer camp properties and will limit transmission in the event that there is an asymptomatic case (or later developing case at camp).

PRE-CAMP PREVENTION	ACTIVITIES	TOOLS AND/OR CONSIDERATIONS
Communications	<ul style="list-style-type: none"> • Campers and camp staff should arrive to camp well rested, nourished, and hydrated. Campers and camp staff who are feeling ill should not come to summer camp. • Summer camp reserves the right not to admit campers and camp staff who pose a risk to others. • Refunds will be considered on a case-by-case basis. 	ACA – The View from Here: Navigating COVID-19 at Camp This Summer
Health History	<ul style="list-style-type: none"> • Campers and camp staff must complete the health history prior to attending camp. • Health Director (overnight camp) and Camp Director (day camps) will review information and manage records. • GSGLA staff must be fully vaccinated against COVID. • Campers are not required to be vaccinated against COVID. 	CampDoc
Supplies	<p>Health staff will keep the following OTCs on hand:</p> <ul style="list-style-type: none"> • Acetaminophen (regular; liquid and chewable) • Aloe Gel • Antacid (chewable tablets) • Antibiotic Ointment • Antifungal cream • Bismuth Subsalicylate (liquid& chewable tablets) • Calamine Lotion • Cetirizine: allergy relief (liquid; tablets; and chewable) • Chapstick • COVID antigen tests • Diphenhydramine (liquid and tablets) • Emetrol (for nausea & upset stomach) Glucose tablets • Guaifenesin – cold & cough medicine (liquid and tablets) • Hydrocortisone cream • Hydrogen Peroxide 	We will have an inventory of what OTCs and First Aid supplies to have on hand and establish who is responsible for maintaining supplies.

	<ul style="list-style-type: none"> • Ibuprofen (regular; liquid and chewable) Insect Repellent • Isopropyl alcohol (first aid antiseptic) Lice shampoo or rinse • Loratadine: allergy relief (liquid; tablets; and chewable) • Lotion • Masks-K95 & surgical • Milk of Magnesia (liquid and chewable) Motion Sickness Tablets (Dramamine) • Nighttime/Daytime Cold Formula • Saline solution eye wash Sting kill/sting relief • Sunscreen without PABA • Throat lozenges • Vaseline 	
CDP Team	<p>Possible roles in team:</p> <ul style="list-style-type: none"> • Camp Director, Risk Manager & Sr. Director of Girl and Volunteer Experience: has overall responsibility for the camp's response plan. Coordinates other team roles/members, holds final decision-making power, and may be the camp's official spokesperson. • MarCom team member: this role coordinates and often develops messaging about the outbreak to both internal and external audiences. While the camp director may be the visible spokesperson to out-of-camp groups, the communication liaison crafts messages, monitors their impact, and maintains the communication record. This includes messaging with and from various stakeholder groups. • Health Center Lead: this role focuses on the care of ill people, staffing to support that process, and routing requests for needed supplies/supports to the appropriate person. It is particularly helpful if the person in this role is knowledgeable about communicable disease processes. • Food Service Liaison: this role focuses on nutritional support of ill people and the care taking team while maintaining food service for the rest of camp. The role also oversees risk-reduction strategies used by the food service staff. • Finance Team: this includes procuring needed supplies, overseeing office processes (e.g., answering phones, responding to individual needs), and maintaining records associated with financial outlays, potential reimbursements, and insurance paperwork. • Day-to-Day Camp Management: this role focuses on the healthy campers & staff and is key to communicating with them about outbreak. This includes staff assignments and provides support to the health center as needed. • Property team: If an outbreak occurs this team is responsible for the sanitization and cleaning of the facility. Additional resources may be necessary to support a healthy facility. 	<p>Health Director will take the lead in conducting health screenings.</p> <p>ACA Camp Field Guide</p>

	<ul style="list-style-type: none"> • Mental Health and Inclusion: Typically provided by a trained youth mental health camp staff person. This role monitors the MESH resilience and inclusion needs of vulnerable campers and staff. • Use of CampDoc for Parent Communication: Camp directors will provide communication to parents by using the CampDoc platform. In conjunction with the health director, the camp director will communicate expectations of parents to pick-up a sick child. 	
Local EMS Services (overnight camp)	<ul style="list-style-type: none"> • Send intent to operate letters to local fire station, police station, and other EMS services that summer camp is in session with dates and approx. number of people on site. 	Girl Experience Team
Health Department (overnight camp)	<ul style="list-style-type: none"> • Schedule Health Department inspection for overnight camp kitchens. 	Property Team Department inspections and permits for camp properties.

COVID-19 Specific Prevention Activities

PRE-CAMP PREVENTION	ACTIVITIES	TOOLS and/or CONSIDERATIONS
Testing	<ul style="list-style-type: none"> • Overnight campers will be tested for COVID upon arrival at camp. 	Health Director
Screening	<ul style="list-style-type: none"> • Pre-camp screening Campers and staff will be required to fill days prior to their arrival at camp. Any positive answers will require a staff to follow up with those answers. • Check-in screening When campers and staff arrive at camp they will have a health exam. This exam will include a temperature screening, a symptom check, and body check, and a lice check. Any camper or staff with a fever (over 100.4), symptoms of COVID-19, or signs of lice will not be permitted to attend camp. • Daily screening Campers and staff will be screened daily for normal temperature (under 100.4 F) and symptoms of COVID-19. If either are found, we will follow the protocol for a suspected case of COVID-19. 	<p>CampDoc is our prescreening tool.</p> <p>Review Health Screening form for summer 2021.</p> <p>Campers and Staff will be screened upon arrival.</p> <p>Resource: EH&E Field Guide for Camps</p>
Vaccines	<ul style="list-style-type: none"> • Camp Staff: staff are required to be fully vaccinated. • Campers: GSGLA does not require a camper to be vaccinated against COVID. 	CDC – COVID-19 Vaccines

During Camp Prevention Activities (NPIs)

DURING-CAMP PREVENTION	ACTIVITIES	TOOLS and/or CONSIDERATIONS
Cohorts at camp	<ul style="list-style-type: none"> • Campers are organized into units/cohorts by program and then grade level. • Units/Cohorts allow camp staff to ensure the wellbeing and provide individual attention to campers. • Units/Cohorts promote positive group dynamics and team building opportunities. 	<p>Unit/Cohort staff are assigned one unit/cohort.</p> <p>ACA – Cohorts at Camp</p>
Hand Hygiene	<p>When to Wash or Disinfect Hands Campers and General Staff</p> <ul style="list-style-type: none"> • Before eating food (e.g., when entering the dining area) • Upon entering your cabin • After being in contact with someone who may have been sick • After touching frequently touched surface (railings, doorknobs, counters, etc.) • After using the restroom • After using common items, such as sports equipment, computer keyboards and mice, craft supplies, etc. • After coughing, sneezing, or blowing your nose <p>When to Wash Hands Kitchen and Dining Staff</p> <p>Existing best practices for food preparation apply. Coronavirus is not foodborne, but food service workers who are infected can transmit the virus to coworkers or diners. Refer to the Food Service section for more information. Handwashing is equally important whether gloves are used or not and all recommendations apply regardless of glove use.</p> <ul style="list-style-type: none"> • Before and after using gloves • Before, during, and after preparing any food • After handling raw meat, poultry, seafood, and eggs • After touching garbage • After using the restroom • After wiping counters or cleaning other surfaces with chemicals • After coughing, sneezing, or blowing your nose • Before and after breaks <p>How to Wash Hands</p> <ol style="list-style-type: none"> 1. Wet your hands with clean, running water. Turn off the tap and apply soap. 2. Lather your hands by running them together with the soap. Make sure to lather the back of your hands, between your fingers, and under your nails. 3. Scrub your hands for at least 20 seconds (about the time it takes to sing the “Happy Birthday” song twice.) 4. Rinse your hands well under clean, running water. 	<p>ACA – Health Screening, Hand Hygiene</p>

	<p>5. Dry your hands using a clean towel or an air dryer. You may use paper towels to turn off the faucet and/or open doors of the bathrooms.</p> <p>How to Use Alcohol-Based Hand Sanitizer Hand sanitizers should contain greater than 60% ethanol or greater than 70% isopropanol. Hand sanitizers are not a substitute for handwashing for kitchen and dining staff.</p> <ol style="list-style-type: none"> 1. Apply the product to the palm of one hand. 2. Rub your hands together. Make sure the product contacts the back of your hands, palms, between your fingers, and fingertips. 3. Continue to rub your hands together until your hands are dry (about 20 seconds). 	
Meal/snack procedure	Campers partake in meals and snacks within the unit/cohort. Staff ensure that campers are partaking in healthy eating habits and ensure the safety of campers during this time.	In place
Schedules	Camp will have a schedule of activities and events that the staff will follow. All staff have access to the schedule ahead of time.	In place
Unit/Cohort Space	Each unit will have a unit/cohort space that will be their home base for the session. Camper personal items such as backpacks, etc. will be kept in the unit space.	In place
Activity Space	<p>Each activity will have a dedicated space unless the activity is conducted in the unit space.</p> <p>Activity staff will maintain the activity space and ensure the upkeep of all equipment.</p>	In place
Isolation	<p>Each camp will have an isolation area. Camper or staff will be placed in isolation area until picked up by authorized person.</p> <p>El Ranchito Day Camp – Station in front of troop house.</p> <p>Lakota Overnight Camp Health Center has one room with 8 beds for isolating campers and one room with 4 beds for isolating staff. Front room with 4 beds can also be used as an isolation room if needed.</p> <p>La Casita Station in the main building (adobe)</p> <p>Marine Landing Day Camp Station next to office.</p> <p>Mariposa Day Camp Station in the main building.</p>	Place isolation information in staff manual and parent policies

COVID-19 Specific Prevention Activities

DURING-CAMP PREVENTION	ACTIVITIES	TOOLS and/or CONSIDERATIONS
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Cohorts	<ul style="list-style-type: none"> • Campers will be placed into cohorts within a unit. They are the only people who can be inside the unit with the following exceptions: <ul style="list-style-type: none"> ○ Property Staff to clean ○ Healthcare staff ○ Senior Camp staff ○ Additional staff asked to be in that space by the senior team to assist. • If someone must enter a living space not their own, they must wear a mask, sanitize their hands prior to entering the space, and again, upon exit. • Each cohort will have a dedicated staff of unit counselors, ideally with enough staff to cover breaks of the other staff in the pod. • Campers and their assigned staff will travel on camp as a group for the entirety of the week and will have limited contact with other campers/groups. • Activity staff will not be part of a traditional cohort. 	<p>ACA - Guidance on Cohorts</p> <p>Overnight Camps – 30 campers + 2 to 3 staff depending on age group.</p> <p>Day Camps – 30 campers + 2 staff</p> <p><i>It is recommended, not required, that each camp will have two cohorts of activity staff consisting of aquatics, adventure, and equestrian staff, so that if one cohort has an outbreak of COVID-19 and has to quarantine, the other cohort will be able to continue with activities.</i></p>
Masks	<ul style="list-style-type: none"> • It is a best practice for campers and staff to wear a mask when indoors. • Masks are not required in the following instances: <ul style="list-style-type: none"> ○ Swimming ○ Napping/sleeping ○ Eating/drinking ○ Engaging in outdoor activities that require heavy exertion such as high ropes and climbing wall. These heavy exertion activities should be done while maintaining at least 8ft of distance from others. 	<p>ACA – Health Screening, Masks</p> <p>Resource: CDC - Masking</p>
Activity Space	<p>Activities will be held outdoors whenever possible.</p> <p>Activities are be scheduled for one cohort at a time and will be sanitized between each group.</p>	
Modified health center/station and protocols	<p>Health staff will have an outdoor station where they can give meds, attend to injuries, and answer questions of campers and staff. When possible, Health staff should go to campers and staff to treat injury or illness to avoid crowding at the health station.</p> <p>When a Health staff goes to an indoor activity or cabin to dispense meds or check on illness or injury, every effort should be made to treat campers or staff outside if it is also possible to do that while maintaining safety and privacy. Both the person being treated and the staff person treating should wear masks and hand sanitize prior to and after treating or dispensing meds.</p>	<p>Health Director will establish and communicate camp's modified health and safety practices.</p>

