

Communicable Disease Plan has been developed in accordance with information from:

- Girl Scouts of the United States of America (GSUSA) – [COVID-19 Updates](#)
- County of Los Angeles Department of Public Health – [Health Officer Order Appendices](#)
- County of Los Angeles Department of Public Health – [Acute Communicable Disease Control Program](#)
- American Camp Association (ACA) – [COVID-19 Resource Center](#)
- Center for Disease Control and Prevention (CDC) – [Toolkit for Summer Camps](#) & [Suggestions for Youth and Summer Camps](#)

Pre-Camp Prevention Activities (NPIs)

Several non-pharmacological interventions (NPIs) will be used to prevent bringing communicable diseases onto summer camp properties and will limit transmission in the event that there is an asymptomatic case (or later developing case at camp).

PRE-CAMP PREVENTION	ACTIVITIES	TOOLS and/or CONSIDERATIONS
Communication	<ul style="list-style-type: none"> • Campers and camp staff should arrive to camp well rested, nourished, and hydrated. Campers and camp staff who are feeling ill should not come to summer camp until they are healthy. • Summer camp reserves the right not to admit campers and camp staff who pose a communicable disease risk to others. • Refunds will be considered on a case-by-case basis. 	<p>ACA – A Healthy Camp Begins and Ends at Home!</p>
Health History	<ul style="list-style-type: none"> • Campers and camp staff will need to fill out health history prior to attending camp. • Health Director (overnight camp) and Camp Director (day camps) will review information and manage records. • Immunization policy? 	<p>CampDoc</p>
Supplies	<ul style="list-style-type: none"> • Health staff will keep the following OTCs on hand: <ul style="list-style-type: none"> <input type="checkbox"/> Acetaminophen (regular; liquid and chewable) <input type="checkbox"/> Aloe Gel <input type="checkbox"/> Antacid (chewable tablets) <input type="checkbox"/> Antibiotic Ointment <input type="checkbox"/> Antifungal cream <input type="checkbox"/> Bismuth Subsalicylate (liquid& chewable tablets) <input type="checkbox"/> Calamine Lotion <input type="checkbox"/> Cetirizine: allergy relief (liquid; tablets; and chewable) <input type="checkbox"/> Chapstick <input type="checkbox"/> Diphenhydramine (liquid and tablets) 	<p>We will have an inventory of what OTCs and First Aid supplies to have on hand and establish who is responsible for maintaining supplies.</p>

	<ul style="list-style-type: none"> <input type="checkbox"/> Emetrol (for nausea & upset stomach) <input type="checkbox"/> Glucose tablets <input type="checkbox"/> Guaifenesin – cold & cough medicine (liquid and tablets) <input type="checkbox"/> Hydrocortisone cream <input type="checkbox"/> Hydrogen Peroxide <input type="checkbox"/> Ibuprofen (regular; liquid and chewable) <input type="checkbox"/> Insect Repellent <input type="checkbox"/> Isopropyl alcohol (first aid antiseptic) <input type="checkbox"/> Lice shampoo or rinse <input type="checkbox"/> Loratadine: allergy relief (liquid; tablets; and chewable) <input type="checkbox"/> Lotion <input type="checkbox"/> Milk of Magnesia (liquid and chewable) <input type="checkbox"/> Motion Sickness Tablets (Dramamine) <input type="checkbox"/> Nighttime/Daytime Cold Formula <input type="checkbox"/> Saline solution eye wash <input type="checkbox"/> Sting kill/sting relief <input type="checkbox"/> Sunscreen without Paba <input type="checkbox"/> Throat lozenges <input type="checkbox"/> Vaseline 	
<p>CDP Team</p>	<p>Suggestions from ACN on roles in team:</p> <ul style="list-style-type: none"> • Plan Coordinator: has overall responsibility for the camp’s response plan. Coordinates other team roles/members, holds final decision-making power, and may be the camp’s official spokesperson. This is often the camp director’s role. • Communication Liaison: this role coordinates and often develops messaging about the outbreak to both internal and external audiences. While the camp director may be the visible spokesperson to out-of-camp groups, the communication liaison crafts messages, monitors their impact, and maintains the communication record. This includes messaging with and from various stakeholder groups. • Health Center Lead: this role focuses on the care of ill people, staffing to support that process, and routing requests for needed supplies/supports to the appropriate person. It is particularly helpful if the person in this role is knowledgeable about communicable disease processes. • Food Service Liaison: this role focuses on nutritional support of ill people and the care- 	<p>Established Health Director will take the lead in conducting health screenings.</p> <p>Define Tipping Point for Launching CDP Interventions http://www.publichealth.lacounty.gov/acd/docs/ReportableDiseaseListMarch2020.pdf</p>

	<p>taking team while maintaining food service for the rest of camp. The role also oversees risk-reduction strategies used by the food service staff.</p> <ul style="list-style-type: none"> • Business & Records Oversight: this includes procuring needed supplies, overseeing office processes (e.g., answering phones, responding to individual needs), and maintaining records associated with financial outlays, potential reimbursements, and insurance paperwork. • Day-to-Day Camp Management: camp has got to continue for non-ill people; consequently, this role focuses on the healthy campers & staff and is key to communicating with them about the outbreak. This includes staff assignments and is, consequently, the “gatekeeper” for diverting extra hands to help in the Health Center if needed. • Facilities (maintenance): An outbreak can stress various utilities (including refuse removal), reveal a need to augment facility resources (e.g., more toilets, more laundry needs), and/or disclose needed changes to the physical set-up (e.g., adding a tent as an admit area, moving campers out of a cabin that will change to an admit area). Filling this role demands a person familiar with the camp’s facility and its systems. • Mental Health Maintenance: Typically provided by a mental health professional who may – or may not – be at camp, this role monitors the MESH resilience of the responding team as well as that of campers and staff. Some camps also include work with parents. • Parent Contact: This role focuses on providing support to parents of ill as well as healthy campers and maintains contact with them (communication should go both ways). The role must consider how parent communication will take place for both parent groups (e.g., email messages twice a day for routine updates; immediate phone contact when someone’s illness doesn’t go as expected). In addition, this role should anticipate needs associated with getting a sick child home (e.g., arrange hotel rooms, airport pick-up, car rental access). • Representative from the local community who knows how to access additional supports should 	
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	<p>they be needed and who serves as a communication conduit between camp and the external community. This might be a representative from the Department of Health or a person connected to the county's emergency preparedness plan. <i>NOTE: Having such a person aware of the camp's response capacity can also influence decisions associated with determining when to close a camp. Keep this representative informed.</i></p>	
<p>Local EMS Services (overnight camp)</p>	<ul style="list-style-type: none"> Send intent to operate letters to local fire station, police station, and other EMS services that summer camp is in session with dates and approx. number of people on site. 	<p>Outdoor Girl Experience Department is in charge of drafting letters to be sent to local fire, sheriff, and other EMS services.</p>
<p>Health Department (overnight camp)</p>	<ul style="list-style-type: none"> Schedule Health Department inspection for overnight camp kitchens. 	<p>Property Department is in charge of Health Department inspections and permits for camp properties.</p>

COVID-19 Specific Prevention Activities

PRE-CAMP PREVENTION	ACTIVITIES	TOOLS and/or CONSIDERATIONS
Quarantine	<ul style="list-style-type: none"> • Asking families to quarantine prior to their camper attending camp if possible • For overnight camp, encouraging staff to stay on camp during the weekends. (Can we do this?) 	Recommend Families to limit contact or travel prior to camp start date.
Testing	<ul style="list-style-type: none"> • We're encouraging families to get their campers tested prior to coming to camp. • Staff presenting with COVID-19 symptoms will be referred to an outside agency for testing. 	Health Director to conduct health screening and escalate as needed.
Screening	<ul style="list-style-type: none"> • Pre-camp screening <ul style="list-style-type: none"> ○ Campers and staff will be required to fill out a pre-screening questionnaire for 7-10 days prior to their arrival at camp. Any positive answers will require a staff to follow-up with those answers. • Check-in screening <ul style="list-style-type: none"> ○ When campers and staff arrive at camp they will have a health exam. This exam will include a temperature screening, a symptom check, and body check, and a lice check. Any camper or staff with a fever (over 100.4), symptoms of COVID-19, or signs of lice will not be permitted to attend camp. • Daily screening <ul style="list-style-type: none"> ○ Campers and staff will be screened daily for normal temperature (under 100.4 F) and symptoms of COVID-19. If either are found, we will follow the protocol for a suspected case of COVID-19. 	<p>CampDoc is our prescreening tool.</p> <p>Review Health Screening form for summer 2021.</p> <p>Campers and Staff will be screened upon arrival and when symptoms are present.</p>
Vaccines	<ul style="list-style-type: none"> • Camp Staff: We are notifying all of our camp staff that the COVID-19 vaccination is available to those in the education and childcare sector. • CITs and LITs: As CITs are under the age of 18 and minors, the conversation about the COVID-19 vaccine should happen between the CIT/LIT and their guardian. • PAs and Campers: As campers are under the age of 18 and minors, the conversation about the COVID-19 vaccine should happen between the campers and their guardian. 	CDC – COVID-19 Vaccination Recommendations

During Camp Prevention Activities (NPIs)

DURING-CAMP PREVENTION	ACTIVITIES	TOOLS and/or CONSIDERATIONS
Units	<ul style="list-style-type: none"> • Campers are organized into units by program and then grade level. • Units allow camp staff to ensure the wellbeing and provide individual attention to campers. • Units promote positive group dynamics and team building opportunities. 	Unit staff do not change from day to day during a session to ensure relationship building and proper supervision.
Hand Hygiene	<p>Wash your hands with soap and water and keep the dear things AWAY from your face!</p> <p>Handwashing is most protective when done:</p> <ul style="list-style-type: none"> • Before putting something in your mouth, eyes, or nose. • After toileting. • After coughing/sneezing – even using a tissue or “did it in your sleeve.” • Before and after providing care to someone (e.g., assist in putting on a sweatshirt, helping them eat, giving medication or food/fluids). • Before, during and after preparing food. • After touching an animal, animal feed, or animal waste • After handling pet food or pet treats • After touching garbage <p>How to Wash Your Hands:</p> <ol style="list-style-type: none"> 1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap. 2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails. 3. Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice. 4. Rinse your hands well under clean, running water. 5. Dry your hands using a clean towel or air dry them. <p>Washing hands with soap and water is the best way to get rid of germs in most situations. If soap and water are not readily available, you can use an alcohol-</p>	CDC – Life is Better with Clean Hands

	<p>based hand sanitizer that contains at least 60% alcohol.</p> <p>How to Use Hand Sanitizer:</p> <ul style="list-style-type: none"> • Apply the gel product to the palm of one hand (read the label to learn the correct amount). • Rub your hands together. • Rub the gel over all the surfaces of your hands and fingers until your hands are dry. This should take around 20 seconds. 	
Respiratory Hygiene/Cough Etiquette	<p>The following measures to contain respiratory secretions are recommended.</p> <ul style="list-style-type: none"> • Cover your mouth and nose with a tissue when coughing or sneezing. • Use in the nearest waste receptacle to dispose of the tissue after use. • If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands. • Perform hand hygiene (e.g., hand washing with non-antimicrobial soap and water, alcohol-based hand rub, or antiseptic handwash) after having contact with respiratory secretions and contaminated objects/materials. 	CDC – Cover Your Cough
Meal/snack procedure	Meals and snacks are conducted with a unit and supervised by camp staff. Staff ensure that campers are partaking in healthy eating habits and ensure the safety of campers during this time.	In place
Schedules	Camp will have a schedule of activities and events that the staff will follow. All staff have access to the schedule ahead of time.	In place
Unit Space	Each unit will have a unit space that will be their home base for the session. Camper personal items such as backpacks, etc. will be kept in the unit space.	In place
Activity Space	<p>Each activity will have a dedicated space unless the activity is conducted in the unit space.</p> <p>Activity staff will maintain the activity space and ensure the upkeep of all equipment.</p>	In place
Isolation	<p>Each camp will have an isolation area. Camper or staff will be placed in isolation area until picked up by authorized person.</p> <p>El Ranchito Day Camp – Station in front of troop house.</p>	Place isolation information in staff manual and parent policies

	<p>Lakota Overnight Camp – Health Center has one room with 8 beds for isolating campers and one room with 4 beds for isolating staff. Front room with 4 bed can also be used as an isolation room if needed.</p> <p>Marine Landing Day Camp – Station next to office.</p> <p>Mariposa Day Camp – TBD</p>	
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COVID-19 Specific Prevention Activities

DURING-CAMP PREVENTION	ACTIVITIES	TOOLS and/or CONSIDERATIONS
Cohorts	<ul style="list-style-type: none"> • Campers will be placed into cohorts within a unit. They are the only people who can be inside the unit with the following exceptions: <ul style="list-style-type: none"> ○ Property Staff to clean ○ Healthcare staff ○ Senior Camp staff ○ Additional staff asked to be in that space by the senior team to assist. • In the event that someone must enter a living space not their own, they must wear a mask, sanitize their hands prior to entering the space, and again upon exit. • Each cohort will have a dedicated staff of unit counselors, ideally with enough staff to cover breaks of the other staff in the pod. • Campers and their assigned staff will travel on camp as a group for the entirety of the week and will have limited contact with other campers/groups. • Activity staff will not be part of a traditional cohort. 	<p>Overnight Camps – 16 campers + 2 to 3 staff depending on age group</p> <p>Day Camps – 16 campers + 2 staff</p> <p><i>It is recommended, not required, that each camp will have two cohorts of activity staff consisting of aquatics, adventure, and equestrian staff, so that if one cohort has an outbreak of COVID-19 and has to quarantine, the other cohort will be able to continue with activities.</i></p>
Masks	<ul style="list-style-type: none"> • All campers and staff are required to wear masks while at camp. • Masks are not required in the following instances: <ul style="list-style-type: none"> ○ Swimming ○ Napping/sleeping ○ Eating/drinking ○ Engaging in outdoor activities that require heavy exertion such as high ropes and climbing wall. These heavy exertion activities should be done while maintaining at least 8ft of distance from others. 	<p>Masks should be worn by campers and staff indoors and in most essential times when physical distancing is difficult. There may be certain situations where masks are not necessary. Staff and Campers should wear masks universally in all indoor locations other than while eating, sleeping, showering, and brushing teeth. Physical distancing of 3 – 6 feet will be maintained during these times.</p>

<p>Modified meal/snack procedure</p>	<ul style="list-style-type: none"> • Meals will not be eaten communally indoors. • For overnight camp, salad bars and other high touch areas will not be part of meals this summer. • Outdoor cooking will not be permitted this summer. • All meals and snacks will be eaten outside or in a cohort's unit. 	<p>Snacks will be prepacked.</p> <p>Meal will be packed in individual containers for each camper and staff.</p>
<p>Modified scheduling</p>	<ul style="list-style-type: none"> • All activities will only have one cohort at a time. • Activity staff will be provided with additional cleaning and disinfecting time between cohorts. • No all-camp activities with intermingling cohorts. 	
<p>Activity Space</p>	<ul style="list-style-type: none"> • Activities will be held outdoors whenever possible. • Activities are be scheduled for one cohort at a time and will be sanitized between each group. 	
<p>Activity protocols</p>	<p>Campers and staff should maintain 6 feet of distance whenever possible. Exceptions can (and should) be made for situations such as checking challenge course harnesses and helmet (safety check), assisting with archery form, and other situations where safety necessitates a closer proximity. Assisting with lifejacket checks, moving boating equipment, masks worn off water, no masks in water.</p>	<p>Activities will be scheduled as a cohort. As such, each activity area will have signage and cohorts will follow protocols of 3-6 ft distancing.</p>
<p>Modified health center/station and protocols</p>	<p>Health staff will have an outdoor station where they can give meds, attend to injuries, and answer questions of campers and staff. When possible, Health staff should go to campers and staff to treat injury or illness to avoid crowding at the health station.</p> <p>When a Health staff goes to an indoor activity or cabin to dispense meds or check on illness or injury, every effort should be made to treat campers or staff outside if it is also possible to do that while maintaining safety and privacy. Both the person being treated and the staff person treating should wear masks and hand sanitize prior to and after treating or dispensing meds.</p>	<p>Health Director will establish and communicate camp's modified health and safety practices.</p>