



Marine Landing Camp Info Packet

Contents

Marine Landing Camp Info Packet	1
Recent Updates	1
General Information	2
Camp Procedures	3
CampDoc.com	5
COVID-19 Procedure	6
What to Bring to Camp	7
Water Safety & Quality	
Dress Up Days	9
Daily Schedule Example	10
4 Essentials	10

Recent Updates

Badge/Patch Distribution: Camper badges/patches will be distributed during check-out on Fridays. Campers who may be absent or picked up early on Fridays, please ask a counselor for their badge/patch during check-in on Thursday or Friday.

Camper T-Shirts: Camper T-shirts are distributed to campers on Tuesdays during their snack rotation. Please keep in mind camper t-shirts are a gift from camp, and not individually pre-ordered. We try our best to match sizes provided by caregivers in the CampDoc health profile, but your camper may be given one size up or down. Additionally, camper t-shirts are unisex and run large. Every camper will be given one shirt for the camp season.

Group Photos: We are going digital! Group photos will no longer be passed out to Camp Families during check-out on Fridays. Moving forward, group photos will be sent to Camp Families via email.

Photo Authorizations: Authorization for a Media Release in CampDoc is all inclusive. If you opt out of the Media Release, please know that you are also opting out of Instagram and Group Photos. Our Health & Inclusion Supervisor will follow up with those who opt out to confirm.





Address and Phone: 5865 E. Appian Way, Long Beach, CA 90803 | 562-430-3077

Camp Hours: Regular camp runs from 9:00am to 4:00pm Monday through Friday. You can purchase Extended Care at any time through your MyGS profile.



Directions: Please see the map above. We can be easily reached by the 405, 605 and PCH. Please be wary of GPS directions to Marine Landing, as they sometimes lead program participants to an incorrect location a few blocks away.

Parking: Free parking is available just south of camp in the large harbor parking lot (Green). Make sure to check local signs to ensure you are parked in a free space. Park in the city lot, walk under the 2nd Street bridge, and enter where you see the rainbow!

No cars will be allowed within Marine Landing. **Please do not drive up to the entry gate to drop-off your campers.** Appian Way is a one-way street, and parking temporarily will block traffic. If you are parked outside our gates, our staff will ask you to move your vehicle. Caregivers must accompany their campers to check-in.

Email us at <u>marinelandingcamp@girlscoutsla.org</u> for parking/drop-off accommodation requests.





The following procedures will be observed to maintain a safe and fun summer at Marine Landing.

First Day of Session: Please anticipate staying for **10-15** minutes during check-in on your camper's first day of camp to ensure they are cleared to enter camp and join their unit.

Health Screenings: Campers must have a completed CampDoc health profile to enter camp. All campers will undergo head checks for lice. Campers will not be permitted to enter camp if lice are detected. We will recommend you take your camper to a local lice treatment service provider. They may return later that day with proof of service. If a camper is exhibiting symptoms of illness, they will be further screened with a forehead temperature check.

Medications: Camper medications taken during the camp day must be reported to their CampDoc health profile. Please check in camper medications with our Health & Inclusion Supervisor. Campers at anaphylactic risk are required to bring an epi-pen with them to enter camp.

Unit Assignments: Unit assignments will be posted outside the front gate. Campers are assigned to a unit depending on their program level. The program levels are based on grade levels (Daisies K-1; Brownies 2-3; Juniors 4-5; Cadettes 6-8). Your camper's grade does not necessarily dictate the unit color they will be assigned. Please make sure to input your camper's correct grade level (entering Fall) when completing their CampDoc health profile. This will ensure they are in a unit participating in activities that are developmentally appropriate for their age group.

Camper Check-In: Check-in starts at 8:30am and runs until 9:00am every morning. **We are limiting the number of visitors at camp throughout the summer. Caregivers will be asked to stay in the check-in area and not enter the main campgrounds unless necessary.** We will be checking all campers in on the rainbow through CampDocs on our iPads every day. Once checked-in, a Counselor-in-Training will escort your camper to their unit.

Camper Check-Out: Pick-up will begin at 4:00PM and runs until 4:30PM. The check-out procedure is the same as check-in EXCEPT caregivers must bring a valid ID and be on the "Trusted Contacts" list in CampDoc before we release the camper. Once checked-out, please tell your camper's name and unit color to one of our Counselors-in-Training, and they will bring your camper out to you. Campers not picked up by 4:30PM will be given one day of grace before automatically becoming enrolled in Extended After Care for a charge of \$30.

Late Check-In/Early Check-Out: Should you need to pick up or drop off your camper outside of the designated times, please make sure to inform the staff by adding your camper to our Early Check-Out List during check-in. Once you've arrived, please call our camp line 562-430-3077, and a member of staff will meet you at our Green Gate (closer to Mother's Beach). Early pick-ups between 3:30-4:00pm will be asked to head to general check-out at 4:00pm. This allows for our afternoon flag ceremony to go uninterrupted each day.

Extended Before Care: Extended before care (AM Care) is available each day beginning at 7AM for an additional fee of \$30 per week. During this time, campers will be under the supervision of staff with the option to participate in continued camp activities including crafts, games, and shared time with friends.





Extended After Care: Extended After Care (PM Care) is available each day from 4:30PM to 6:00PM for an additional fee of \$30 per week. During this time, campers will be under the supervision of staff with the option to participate in continued camp activities including crafts, games, and shared time with friends.

Extended Program (Late Night): Every other Thursday evening at Marine Landing we extend the program day for our older campers (Grades 4-8). This extended program we refer to as "Late Night". Late Night runs from 4pm-7pm. Late Night typically includes extra time on the water, dinner and dessert, and a fun activity that matches the week's theme to end the night! You can sign your camper up for Late Night during morning check-in Mon-Weds.

Camper Behavior: We are committed to providing a physically and emotionally safe environment at camp. Campers are expected to:

- Follow the safety rules of camp
- Respect staff, other campers, and themselves
- Respect the property of the camp and other campers
- Follow the Girl Scout Promise and Law

Disruptive, destructive, and dangerous behavior by campers is not allowed. Such behavior will result in the camper being removed from the activity. If the behavior continues, the camper will be dismissed from camp. Refunds will not be issued to campers dismissed for unacceptable behavior.

Campers will be dismissed immediately for:

- Endangering the health or safety of others
- Teasing, bullying, or abusing other campers or staff
- Violence of any kind

First-Aid: Our camp keeps a supply of common over-the-counter medication, as authorized by a physician, to treat simple complaints such as bug bites, headache, mild upset stomachs, menstrual cramps, etc. You do not need to send any medications for these health reasons. For more complex or serious camper complaints, the health staff will consult the doctor and you.

Camper Incidents: Camp staff are required to log health notes to a camper's CampDoc health profile when camper incidents occur describing the incident and any medical attention received, if necessary. Logging a health note will trigger an email notification to the user on the camper's CampDoc account. Rest assured that we will call you first if anything happens that requires your immediate attention. Smaller first aid incidents, like small scrapes and splinter removals, will be logged to their CampDoc profile as well.

Camp staff are CPR/First Aid/AED certified. In case of emergency, staff will act accordingly and will contact the parent/guardian and/or the camper's emergency contact.



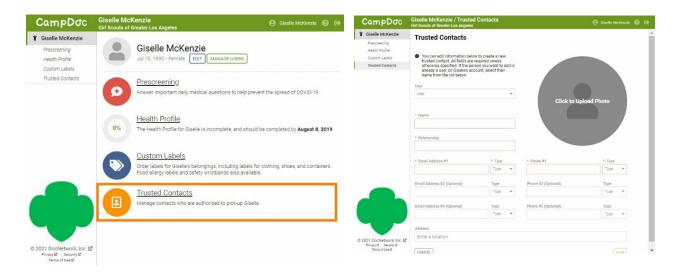


To collect health history and medical care information GSGLA uses CampDoc.com, a secure, encrypted, and password protected electronic health record system for camps. <u>You must complete your CampDoc.com</u> <u>health history by the Thursday before your camper's session.</u>

If you are a new camper with us, you should receive an email directly from campdoc.com within two weeks of registering for camp to login and create a profile for your camper.

If you are a returning camper, you should already have login credentials. You can log in at any time after registering for camp sessions to update your information. CampDoc will also email you reminders until your camper's profile is at 100%.

Trusted Contacts: To pick up your camper, any caregiver must be listed in the Trusted Contacts section of your CampDoc profile. All Trusted Contacts must either have a picture uploaded to CampDoc or bring a valid for of picture ID when picking up or else we will not release the camper. Trusted Contacts can be updated or added at any time. **Even if you are the user on the account, you will have to go in and add yourself as a Trusted Contact. CampDoc does not automatically add the user as a Trusted Contact.**



Health Forms: Please complete your camper's CampDoc health profile to the best of your ability. Our Health & Inclusion Supervisor review A caregiver signature is required on the over-the-counter medication section. If you do not want us to give over-the-counter medication, please indicate so on that portion of their CampDoc health profile.

Medications: If your camper requires medication during camp hours, you are required to complete that portion of their CampDoc health profile. All medication must come to camp in its original container with the original label. Health staff will follow instructions on the label or written instructions from their doctor.

Buddy Requests: You can request your camper to be in the same unit as other campers of the same program level from their school or troop. We do our best to honor requests. **We encourage campers to remain in their assigned units with other campers in their program level.** Our camp facility is small,





and units are close together. Camper friends have opportunities throughout the day to spend time togethe outside of their units (lunch, songs & skits, etc.)

Photo Release: Please double-check your camper's photo release status in CampDoc. We will take group photos on Wednesday mornings between 9-9:30am. We also post our adventures via Instagram Stories (follow us **@marinelanding**) throughout the week. If you have not released your camper's image, we will not photograph them.

COVID-19 Procedure

As you know, COVID-19 regulations, rules, guidelines, etc. are constantly changing and keeping us on our toes! We cannot express how much we appreciate your patience and understanding as we continue to understand and implement the information we are receiving.

With that, we did want to share out our general camp guidelines surrounding COVID for you and your family to review before coming to camp!

If you would like to know our full COVID Guidelines, you can read through our <u>GSGLA Camp Field Guide</u> with COVID-19 Procedure as well as our <u>Communicable Disease Plan</u>.

- 1. Do not send your child to camp if they are feeling sick! Now more than ever, this is so important--we will be strictly enforcing this rule. If anyone has a 100.4 degree fever or higher, they will be sent home.
- 2. Should your child report any symptoms synonymous with feeling sick, they will be isolated from other campers and sent home to be monitored.
- 3. Masks are encouraged to be worn when social distancing is not possible (in units, on the lawn, and on the rainbow) and when indoors for a prolonged period (restrooms, first-aid station, boathouse, and offices).
- 4. We will be limiting the number of shared supplies and equipment.
- 5. We will have daily disinfecting performed throughout the summer as well as additional traditional cleaning measures.





What to Bring to Camp

Clothing & Towel: We will be getting wet daily, so please have campers arrive in their bathing suit and bring a towel. Board-shorts, rash guards, hats and other sun coverage for non-water activities are also recommended.

Shoes:_Closed-toe water shoes must be worn by *all* girl participants. (i.e. water socks or shoes with closed toes and heal to ensure a secure fit.) Other shoes, such as flip flops, may be worn to and from Marine Landing, but once we begin boating and/or beach activities all campers will be asked to change shoes. If a camper does not have proper footwear, she will not be able to participate in boating. If your camper does

not have water shoes, we have many donated pairs they may try on, although fit is not guaranteed.

Sunscreen: We will be in the sun for multiple hours and will be at risk for skin damage. We have designated times throughout the

day for sunscreen application. Campers must be able to apply sunscreen on their own or ask a friend for help, counselors are not expected to assist.



Lunch: Campers are responsible for bringing their own lunch. We will be providing two light snacks throughout the day. Your camper is welcome to bring a small lawn chair to sit in during lunch.

Water:_Please bring a **reusable water bottle** to stay hydrated throughout the day and to help the environment!

Smart Devices: Camp is a technology-limited zone. We ask that all cell phones and smart watches be left at home, but if necessary, they must be put away for the day and only brought out for emergency purposes. This is to promote camaraderie and full participation in the camp activities. This includes using cell phones as cameras, so please bring a separate camera if you would like to capture camp memories.

Medications: Please report ALL current medications on your camper's CampDoc health profile. Be sure to check-in your camper's medications with our Health and Inclusion Supervisor on Monday mornings.





Monday Swim Evaluation: Every Monday, campers go through a water safety orientation, including proper boat safety, and are required to participate in a swim evaluation. All swimming abilities may participate in all camp programming. Life vests are mandatory while boating and are available for swimming.

Our Staff: Our staff is Red Cross Lifeguard Certified and attends mandatory training to help give your Girl Scout the confidence and skills to become an expert paddler. Our staff are the experts when it comes to making sure each camper has a safe space to challenge themselves and build friendships that last a lifetime.

Rainfall: Due to where Marine Landing is positioned in Alamitos Bay, bacteria levels can rise outside of state standards and remain that way 72 hrs after rainfall. During a <u>rain advisory</u>, a boating experience is still possible, but swimming is not permitted.

Thunderstorms: During a thunderstorm, we remain off the water until at least 30 minutes after the last lightning is sighted or thunder heard. Every new lightning flash or rumble of thunder resets the 30-minute timer.

Marine Life: While observing marine life is exciting, we also understand that wild animals are unpredictable and therefore we proceed around them with an abundance of caution. When a sea lion is spotted within our boundaries, we require all boats to temporarily come to shore. We wait until at least 10-15 minutes after the last seal lion sighting before heading back out on the water.

Sewage Spills: Sewage spills are unfortunately becoming a common occurrence as of late. We will always follow beach closures recommended by the City of Long Beach.

Sometimes environmental disasters or factors make the water unsafe to submerge. If the beach is currently under an advisory, we will proceed with our camp program day and provide to campers alternate water and beach activities that do not require water submersion.





Every Wednesday we have an optional dress up day for campers to participate in. Campers can arrive in their dress up clothes, we will take unit pictures and then we will change and continue with regular programming. Dress Up day themes are subject to change.

Week 1: Coastal Crusaders <u>Dress Up Theme:</u> Renaissance Faire

Week 2: Fun to the XTREME <u>Dress Up Theme:</u> Unit Colors/Sports Gear **Late Night

Week 3: Wild Things <u>Dress Up Theme:</u> Tie-Dye/Trail-Blazers

Week 4: Retro Rewind <u>Dress Up Theme:</u> Video Game Characters

Week 5: Seaside Spectacular <u>Dress Up Theme</u>: Pop Stars **Late Night

Week 6: Camp VOGUE Dress Up Theme: Fashionistas

Week 7: Totally Spies <u>Dress Up Theme:</u> Secret Agents/Detectives **Late Night

Week 8: Social Media Masters <u>Dress Up Theme:</u> Dress Up as Your Favorite "Influencer" (Counselor)

Week 9: Wizards Charmed and Ready <u>Dress Up Theme</u>: Harry Potter **Late Night

Week 10: DIY Delights <u>Dress Up Theme</u>: Recycled Outfits





Daily Schedule Example

8:30 - 9:00	Check-in
9:10 - 9:20	Flag + Morning Announcements
9:20 - 9:30	Morning Stretches
9:30 - 9:50	Songs & Skits
10:00 - 10:20	4 Essentials
10:20 - 11:00	Snack/Unit Time
11:00 - 11:40	Themed Activity
11:40 - 12:20	Free Swim
12:30 - 1:00	Lunch
1:00 - 1:30	Camp Forever
1:30 - 1:40	4 Essentials
1:40 - 2:20	Badgework
2:20 - 3:00	Boating
3:00 - 3:20	Boats Up
3:20 - 3:30	Unit Clean Up
3:30 - 3:45	Snack/Songs & Skits
3:45 - 4:00	Flag + Afternoon Announcements
4:00 - 4:30	Check-out

<u>4 Essentials</u>

- Hydrate!
- Reapply sunscreen
- Put on boating shoes
- Wash hands